

# *Yogurt*

## *bread machine*

### *Ingredients*

1 yogurt  
500ml of milk (whole, preferably)

-OR-

100ml of lactic bacteria  
1 l of milk (whole, preferably)

### *Preparation*

(the machine mixer is not necessary)

Mix all the ingredients in the bread machine.

Cooking takes 8 hours.

Then let cool in the fridge for at least 2 hours.