# Yogurt

## bread machine

### Ingredients

1 yogurt

1. ml of milk (whole, preferably)

-OR-

100ml of lactic bacteria

1 l of milk (whole, preferably)

### Preparation

(the machine mixer is not necessary)

Mix all the ingredients in the bread machine.

Cooking takes 8 hours.

Then let cool in the fridge for at least 2 hours.